

A Letter to All Donors, Fund Recipients and Foundation Staff

Dear friends,

Today is our dearest son, Charles Zhang's 18th birthday, a day we choose to humbly show our love to you in a very small way – by sending all generous donations, \$39,327 in total as of now, to hospitals and public schools to help other children in need. Because of you – each and every one of you – we are able to support the following programs:

- **Columbia University Department of Psychiatry** – to support research and clinical service in adolescent depression and suicide prevention.
- **Mount Sinai Hospital Department of Neurology** – to support Headache Fellowship Program, the only physician training program in New York and one of the few in the country that offers specific training in the diagnosis and management of headache disorders in children and adolescents.
- **Millburn High School** – to sponsor 2 workshops with artists for Advanced Studio Art Program, and to support Forensics Team to compete at the national level debate tournaments.
- **Millburn Middle School** – to sponsor Debate Club's activities for the school year of 2014.
- **South Mountain Elementary School** – to purchase materials for student art shows throughout the school year, and to sponsor "The art of Chinese Dance" show.

We are very confident that our fund recipients are in the best place to carry out our wishes and help achieve our goals – to inspire breakthroughs in neuroscience and psychiatric treatment for children and adolescents, and to support public schools in enriching educational experience.

Gratitude is the memory of the heart; we are deeply grateful for you all – donors, fund recipients and foundation staff – for working together to give the best and most meaningful birthday gift to Charlie. We can see his beautiful smile now. We also thank you all for being with us in the past six months. In our time of deepest sorrow, it is your immense kindness and generosity that make us stand tall till today, and give us strong hope of helping children like Charlie and families like ours.

With warm regards,

Yi Zhang & Vivian Zhong
Co-founders



Donation Update

- Well Wishers: 156
- Total Amount: \$39,327

Depression Fast Fact

1. Major depression in plain English in one sentence: a biochemical disorder with genetic component with early experiencing influences where someone can't appreciate sunsets.
2. Very common: 15% of people will get it at least once in their lives.
3. #2 leading cause of death in teens and young adults.
4. # 4 cause of disability and will become #2 in 2025 right after diabetes.
5. Stigma: people do not talk about it, and do not know where to get help.

Contact

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